

# Private mental health hospital admissions

Avive Clinic Brisbane is our city's 63-bed private hospital that borders Brisbane's CBD and one of the city's major health hubs, home to the Royal Brisbane and Women's Hospital and Herston Quarter health precinct.

Treatment is delivered by an experienced team of mental health professionals and supported by the latest technology and health-promoting design principles.

## Avive Clinic Brisbane features:

- private single bedrooms with ensuites
- a dedicated fitness studio and gymnasium
- group and art therapy rooms
- private consultation rooms
- a rooftop deck, patient lounges and retreat areas
- TMS suites.

## Our experienced team specialises in the treatment of:

- drug and alcohol use disorders, including medical detoxification
- general adult psychiatry
- mood and anxiety disorders
- early life trauma
- adult trauma, including defence (Department of Veterans' Affairs and Australian Defence Force) and emergency first responders.

# Inpatient and day programs

Choice in recovery, with flexible pathways and access to clinical teams and psychiatrists. Our immersive inpatient programs, and supportive day programs include thorough discharge and aftercare planning, to help patients on their healing journey. Veterans and emergency services personnel participate in their own group for shared support.



## Anxiety and mood disorders

Help to manage anxiety and depression while improving quality of life. Offered as 3-week inpatient program or 12-week day program.



## Dual diagnosis

Overcome addiction from alcohol and other drugs, and improve mental health and well-being. Offered as 3-week inpatient program or 12-week day program.



## Art therapy

This complementary therapy is a day program that uses art to interpret, express and resolve emotions and thoughts in a safe group environment.



## Embodied emotion and movement

Offers insight into the relationship between mood disturbance, trauma and the body. It uses psycho-education and exercise to enhance understanding and experience with exercise and mental health. Designed by leading psychiatrists, psychologists and exercise physiologists that recognises and addresses the mind-body connection. Offered as 3-week inpatient program or 8-week day program.

# Rapid access mental health admissions

Now accepting inpatient and day program mental health referrals. DVA White and Gold Card holders accepted. 2-month waiting period for newly insured patients, or one-time waiver for patients upgrading current health cover applies.

**Avive Clinic Brisbane** 16 Bryden Street, Windsor QLD 4030 [avivehealth.com.au](http://avivehealth.com.au)

**Inpatient and day program referrals** T 1800 284 830 F 07 3523 4088 E [help@avivehealth.com.au](mailto:help@avivehealth.com.au)

**Outpatient referrals** T 07 3110 2403 F 07 3123 4823 E [specialistsuites.brisbane@avivehealth.com.au](mailto:specialistsuites.brisbane@avivehealth.com.au)

We also accept referrals via Medical Objects or online at [avivehealth.com.au/referrals](http://avivehealth.com.au/referrals)



# Consultant psychiatrists

Inpatient admissions available.

For next available outpatient appointments contact our specialist suites.



## Dr Vicky Satchwell

MBBS (Lond), MRCPsych,  
FRANZCP, Cert Addiction. Psych

### Consultant Psychiatrist

**Specialities:** addictive disorders, dual diagnosis, general adult psychiatry, mood and anxiety disorders, psychosis (early intervention), TMS



## Dr Joanna Ng

BSc, MBBS, FRANZCP  
*Inpatient referrals only*

### Consultant Psychiatrist

**Specialities:** consultation liaison, general adult psychiatry, women's mental health, young adult psychiatry, TMS



## Dr Maya Tanham

MBBS, BSc (Hons), FRANZCP,  
Cert. Adv. Tr. Child & Adol. Psych

### Consultant Psychiatrist

**Specialities:** ADHD, autism spectrum disorder, child and adolescent psychiatry, general adult psychiatry, mood and anxiety disorders, obsessive compulsive disorder, psychosis, women's mental health, young adult psychiatry



## Dr Vikas Moudgil

MBBS, FRANZCP, MHM  
(UNSW)

### Consultant Psychiatrist

**Specialities:** dual diagnosis, general adult psychiatry, mood and anxiety disorders, neurodiversity, psychotic disorders, trauma



## Dr Bart Wlodek

BMedSc, BAppSc (Hons),  
MBBS, FRANZCP

### Consultant Psychiatrist

**Specialities:** bipolar disorder, general adult psychiatry, mood and anxiety disorders, young adult psychiatry, psychosis



## Dr Bianca Dinu

FRANZCP, MBBS, Cert.  
Adult Psych

### Consultant Psychiatrist

**Specialities:** general adult psychiatry, mood and anxiety disorders, personality disorders, trauma-informed care, women's mental health



## Dr Ben Wakefield

BSc/BEd, MBBS, MPH,  
FRANZCP, FRACGP-RG

*Inpatient and DVA referrals only*

### Consultant Psychiatrist

**Specialities:** addictive disorders, general adult psychiatry, mood and anxiety disorders, psychosis, young adult psychiatry



## Dr Tarun Sehgal

MBBS, DCP, PGCME, MSc (Neuroscience),  
CCT, FRANZCP, FRCPsych

### Consultant Psychiatrist

**Specialities:** ADHD, general adult psychiatry, major depression, medico-legal, mood and anxiety disorders, PTSD



## Dr Daniel Wysoczanski

MBBS, BSc, FRANZCP

### Consultant Psychiatrist

**Specialities:** general adult psychiatry, TMS

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