

INVITATION: CPD self-directed learning activity

Hormones, habits and healing Mental health in general practice

Case-based education for general practitioners

13 August 2025 | 6:15pm – 9:30pm

Meet our presenters from Avive Clinic Mornington Peninsula



**The future of psychiatry:
What's here, what's
coming and what GPs
should watch**

Dr Matt McDornan
Co-Founder and Psychiatrist



**Women's minds, women's
lives: Understanding
mental health across
the female lifecycle**

Dr Angela Lee
Consultant Psychiatrist



**Behind the mask:
Understanding
substance use in
mental health**

Dr Sean Jacobs
Consultant Psychiatrist



**Be seen by a psychiatrist
sooner: Avive's referral
pathways for inpatients
and day programs**

Dr Megan Deutscher PhD
National Allied Health Manager

Learning outcomes

- Discuss how hormonal changes during menopause can influence mental health presentations
- Identify common patterns of alcohol and other drug (AOD) use in mental health presentations
- Discuss key tools used to implement brief interventions, withdrawal risk management, and appropriate referral strategies in primary care
- Understand how Avive's referral pathways enable faster access to psychiatric care, improve continuity of treatment, and support timely intervention for a range of mental health conditions

Time

6:15pm arrival and networking for a 6:45pm start
9:30pm conclusion

Venue

Peninsula Kingswood Country Golf Club, 211-279 Skye Road, Frankston VIC 3199
Dinner and refreshments served
Free onsite parking
Smart casual business attire. Men's closed toe shoes required

RSVP

Register online at avivehealth.eventbrite.com.au or by scanning the QR code below.

Questions? Contact elysebarker@avivehealth.com.au or 0415 909 051



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